



Highlands Ranch Aquatics Presents

The 2017 GriffinStrong Long Course Sprint Eliminator

Wednesday, June 21, 2017

- LOCATION:** Lowry AFB Pool – Altitude 5,400 ft.
775 Akron Way, Building # 695
Denver, CO 80230
- SANCTION:** Held under the sanction of USA Swimming # **2017-085**. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.
- MEMORIAL:** Donna Griffin, an HRA parent for nine years, passed away from breast cancer on May 6, 2017. To honor her legacy, and to support others fighting as she did, GriffinStrong caps and wrist bands will be available for sale with proceeds donated to a scholarship fund in Donna's name.
- MEET DIRECTOR:** Eric Fehr
eric@hraswim.org (608) 628-8798
- MEET REFEREE:** Phil Van Law
pvanlaw@comcast.net (720) 244-9673
- SAFETY DIRECTOR:** Jill Ruppel
jill@hraswim.org (970) 819-2395
- FACILITY:** The pool is a six lane, 50 meter outdoor pool with non-turbulent markers. The competition course has not been certified in accordance with 104.2.2C (4). Depth turn end 4.2 feet; start end 12 feet. The deck on each side of the pool is marked with a yellow line creating a space between the line and the edge of the pool for officials to walk the side of the pool when officiating. Coaches, athletes, and spectators are asked to stay clear of that area while the competition is taking place.
- Five lanes may be used for competition with one lane for continuous warm-up/warm-down.
- TIMING:** Colorado Timing Systems with touch pads, back-up buttons and electronic scoreboard. Hy-Tek Meet Manager software.
- RULES:** Current USA Swimming and Colorado Swimming rules will apply. The Meet Referee will have final authority on all matters related to the meet.



Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement and bring proof of certification to the meet.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Deck Changes are prohibited.

No on-deck photography from behind the starting platforms.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Coaches and parents will be responsible for the behavior and safety of their swimmers and their families. Teams will be held responsible for any damage to the facility. Positive sportsmanlike conduct will be expected.

ELIGIBILITY:

Individual events are open to swimmers 13 and over (relays are open to all swimmers) holding a 2017 USA Swimming membership card. Any swimmer that appears on the Colorado Swimming (CSI) exceptions report without registration must be prepared to show their current USA membership card or they will be deck registered before they can enter the water. The deck registration fee will include a surcharge of \$28.00 for year-round and \$15.00 for seasonal plus the normal registration fee.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$150 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.



Age of swimmer is determined as of June 21, 2017. No exhibition swimming will be allowed. No unattached swimmers will be permitted to swim on relays.

ENTRY FEES: \$5.50 per individual event
\$11.00 per relay entry
\$5.00 surcharge per swimmer

Deck entries must be approved by the Meet Referee. All deck entries must present proof of current registration.

\$0.75 of each individual event entry will be applied to CSI Splash fund.

\$0.50 of each individual event entry will be donated in Donna Griffin's name to a scholarship fund for senior athletes.

\$1.00 of each relay event entry will be donated in Donna Griffin's name to a scholarship fund for senior athletes.

There will be no refunds if a session is cut short due to weather.

ONE CHECK PER TEAM, PAYABLE TO: **Highlands Ranch Aquatics**.
Please include the Hy-Tek entry fee report.

ENTRIES: THIS MEET IS LIMITED TO USA SWIMMING CLUBS APPROVED FOR USE OF THE FACILITY AT THE DIRECTION OF THE FACILITY MANAGER. Entries will be restricted to approximately 200 swimmers or as many as can be swum without exceeding a 4-hour timeline. Entries will be accepted on a first-come-first-served basis.

Swimmers may enter all four (4) individual events and relays.

All entry times must be in *long course meters*.

All entries must be submitted on disk or via email in Hy-Tek format using Meet Manager or Commlink files.

ENTRY DEADLINE: All entries must be in the hands of the entry chair by **6:00pm MDT Friday, June 16, 2017**.

Mail/Email or deliver entries to entry chair:

Eric Fehr
9249 S. Broadway #200-182
Highlands Ranch, CO 80129
eric@hraswim.org



Do not send entries that require a signature. All entries received after entry deadline may be accepted at the discretion of the Meet Director or Meet Referee.

Psych sheets, warm-up and timing assignments, and adjusted meet start times will be emailed to all coaches by Monday, June 19.

AWARDS: Individual awards will be presented to the champion in each event. There will be no team awards.

WARM UP: Current USA/CSI procedures for warm-up will be used and will be strictly enforced. Coaches are asked to make sure their swimmers understand and abide by these procedures.

HEAT SHEETS: Coaches may pick up programs at the announcer's table. Spectator heat sheets for the preliminary session will also be available at concessions.

CONCESSIONS: A selection of food and drink will be available at the concession stand.

RESULTS: Results will be emailed to each team.



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Schedule of Events – Wednesday, June 21, 2017
Warm Up: 2:00 – 2:50 p.m. Session starts at: 3:00 p.m.

Women Event #	Event Description	Men Event #
1	13 & Over 50 Butterfly	2
3	13 & Over 50 Backstroke	4
5	13 & Over 50 Breaststroke	6
7	13 & Over 50 Freestyle	8
9	OPEN 200 Medley Relay*	10
11	OPEN 200 Freestyle Relay*	12

Meet format is as follows:

Preliminary Complete events 1 through 8. Events will be pre-seeded from team entries. The top 12 finishers in each event will advance to Semi-Final.

Semi-Final The top 12 qualifiers from each event will swim in a circle seeded format. The top 6 finishers per event will advance to Championship Final.

Championship The top 6 qualifiers from each event will compete in a single seeded heat to determine the champion of each event.

*** PENDING THE NUMBER OF SWIMMERS AND TIMELINES, RELAYS MAY BE SWUM AT THE CONCLUSION OF THE PRELIMINARY, SEMI-FINAL OR FINAL ROUNDS.**

There will be a 10 – 15 minute break between each round to allow for a rest period and to seed the next round.